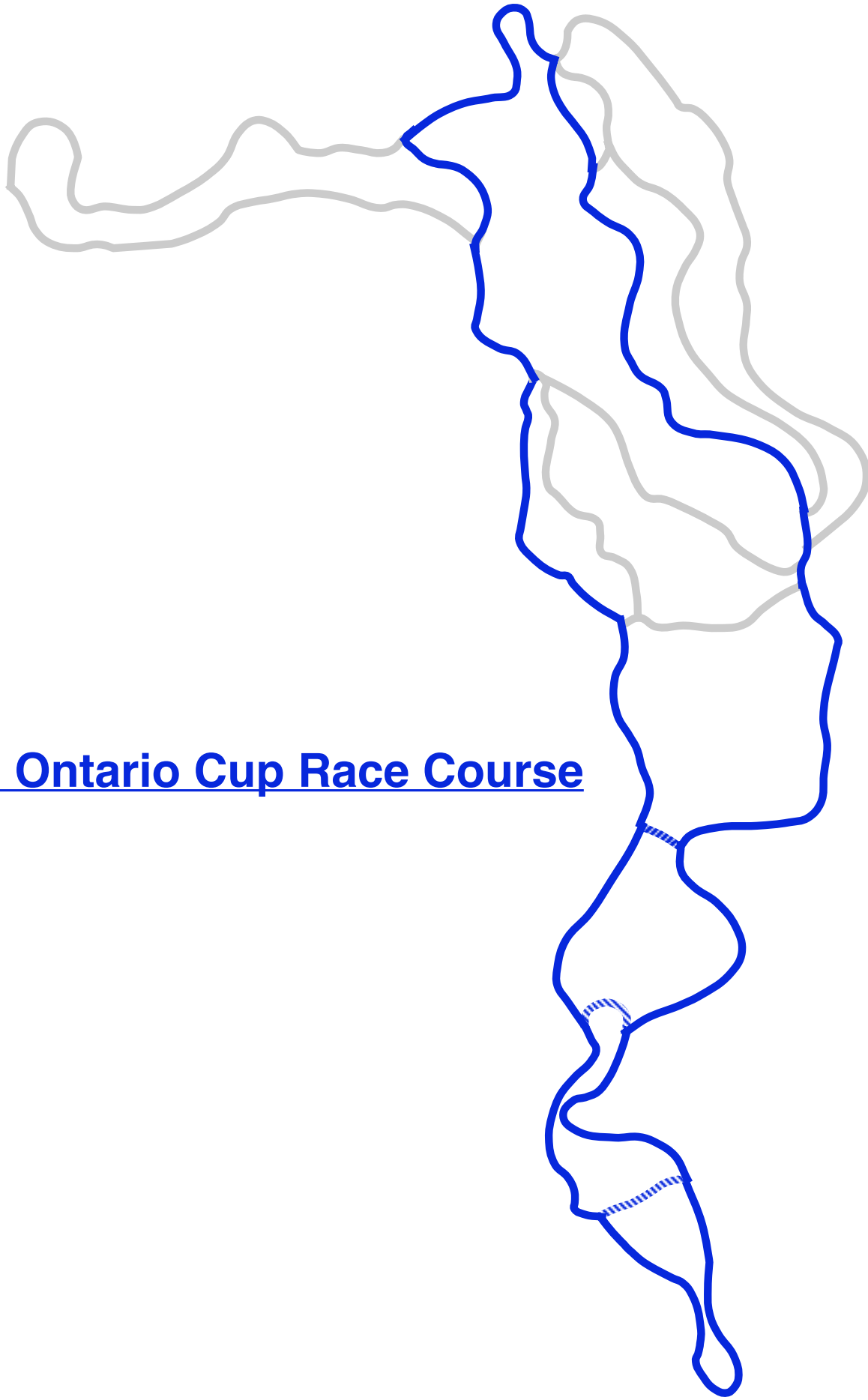5.0 km Ontario Cup Race Course