



Haliburton Highlands Cross Country Ski Club 2009-2010 Newsletter

First Club Meeting

Saturday, December 5th, 2009

10 a.m. to 1 p.m.

Glebe Park Clubhouse

Renew Memberships!

Photo ID for new members

Equipment rental program

Ski swap

Jackrabbit Registration

Trail walk with clippers & tools

Ski if there is snow! (and there usually is)

Help and advice for new members



Haliburton Ski Club

Ski Club Chairman's Report for November, 2009

Well, let's see now... here it is mid-October and it has been snowing already. This year's prediction? *It's easy! The best season ever!* Better wax 'em up! Our club membership numbers have never been higher, and we will pass some important milestones this year.

Races are on!

Through the years our club has built an enviable record for presenting top-quality races on a top-quality course at Glebe Park. This benefits the club by bringing new skiers to the area, and races generate funds that can be used to support our programs and trails. This year we have been chosen to host the **Ontario Cup** race for Southern Ontario on Feb. 27/28, so plan to volunteer if you're able to spare a few hours. This year, some club members will be competing for us, too! *Call or drop me an e-mail and we'll find a role for you. We really need volunteers to make this a success.*

bpaton@sympatico.ca

Registration Changes

This year we introduce our on-line registration system, and it will be the cheapest way for you to register. It also helps reduce the time our club secretary has to volunteer. The price is the same as last year—but only if you register on-time and on-line. If you send in a paper registration it will cost you \$5 extra. Like last year, you can save money by renewing before Dec 15th--\$90 for individuals and \$165 for families. Renew today!

(cont'd)



2009/10 Committee

Chairman	Blake Paton	457-5177
Vice Chairman	Bob Heyes	457-1465
Past President	Peter Brogden	754-2351
Memberships	Joleen Thomas	489-4850
Treasurer	Glen Carter	457-2862
Jackrabbit	Jane Heyes	457-1465

Club Events '09—'10

Dec. 1st Lit loop at Glebe opens until 9:00pm (nightly until late March)

Dec. 31st New Year's Eve Ski—Lights on until 11:00 pm

Jan. 1st Club Chairman's New Year's Levée, Moosewoods Cabin 10:00am-1:00pm

Jan. 2nd Jackrabbit lessons begin 1:30pm, Glebe Park

February 27th/28th Ontario Cup Race-- Glebe Park 9:00am

March 6th Ski Frolics at Moosewoods

Apr. 10th Annual meeting and Glebe Park site cleanup 10am, Glebe clubhouse



Be a skier!





Haliburton Ski Club

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(Report from the chairman continued.)

A proud tradition

No one who wants to ski in Haliburton has ever been denied the privilege. The club has always arranged for volunteer work and loaner equipment for anyone who wishes to ski but can't afford the price of a membership--because no one should go through life without skiing.

Please renew on time

The insurance fee that our club pays on behalf of each member (\$8.50 per adult and \$7.50 per child) goes to Cross Country Canada. The rest of the money goes directly into the maintenance of our non-profit, excellent ski system.

Members of Cross Country Canada

All club members are also members of Cross Country Canada. We try to take advantage of as many of their excellent programs as we can. Through our activities we support the development of the sport and Olympic success. Olympic success means better access to government and private funding of the sport and its programs. Perhaps the biggest change in the past 10 years is our closer association with Cross Country Ontario and Cross Country Canada.



A Complete Club

You have a role to play, too. Get involved, offer to co-ordinate a ski outing, officiate at a race or be an instructor. Always rewarding, these positions offer a way to put something back into the club. Look carefully at page 5 and you will see that we need donations to help us purchase new machines. Please be generous. --**Blake Paton, Club Chairman**



**Beckie and Sara,
Turin Olympics
2006**



Be a skier!



Send Us Your E-mail!



We'd like to save paper and postage, so send us your e-mail address (to bpaton@sympatico.ca) so that we can add it to our list. Check the web site for updates, too.

<http://skihaliburton.com>

If you need a printed copy mailed to you, please let Joleen know: joleenthomas@hotmail.com

Sea to Sea to Sea

Congratulations to all the skiers who participated in the Sea-to-sea-to-sea challenge last season! We have three teams participating in this challenge to 'ski the distance' across the country (8,000 km) over three seasons to the Callaghan Valley – the site of the 2010 Olympic and Paralympics Games in British Columbia. Two of those teams reached the Bronze level milestone of 3,000 km; skiing 4, 175 and 4, 318 km. respectively. The prize for this first milestone is an official Sea to Sea to Sea water bottle. Team

members of Halnordic 1 (4,175 km) and Halnordic 3 (4,318 km) can pick up their prize in the clubhouse on November 29th. Members of these teams are also entered to win extra draw prizes including trips to either 2009 World Cup races or the 2010 Olympics!

The next milestone is 6,000 km team total for

the upcoming season. Prizes for this Silver level milestone is an official Sea to Sea to Sea cheering cowbell. (I love these things!!) So remember to log those kilometres on the web site!

Congratulations again, to all team skiers for your participation! Check out the Cross Country Canada website for team results, or prize details.

www.cccski.com/seatoseatosea

Tina Koskelo, tkoskelo@sympatico.ca

Sea to sea to sea co-ordinator



vancouver 2010





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Master's Skiing

Are you over 30 years of age? Do you enjoy cross country skiing? Do you enjoy meeting other people with similar interests? Would you like to ski at different facilities? Would participation in a skiing event inspire you to improve your fitness? One of the goals of Masters skiing is to promote skiing at all levels, and we hope that more Haliburton skiers will join the rank—the people we have met keep asking where all the Haliburton skiers are. Information about the 2010 Ontario Masters championship is available now. If you have any questions, contact Kit and Len Pizzezy (kitpizzezy@halhinet.on.ca) 457-1363

Trail Updates

Moosewoods

The trails were in very good condition at the end of the summer this year--our thanks to Kit and Len Pizzezy. Thanks also to the many volunteers who restocked the shelter with wood this past March!

Glebe Park

Mike Darlington coordinated work to improve the lower end of the park prior to the beginning of the season. A couple of new culverts mean that we should be able to ski there on a 3km loop as soon as we get 10cm or so of snow.

Twin Lakes

Thanks to Joleen Thomas, David Taylor and Kevin Cooke for stepping up to ensure that this small system is not closed. It needed an injection of their energy to remain open this season. To all you Twin Lakes fans, please use this system if you wish to keep it part of the Nordic Trails' system.

Frost Centre Ski Trails.

(across the road from the Frost Centre)

There are 26km of trails of CLASSIC only with 2 warm up cabins (and toilets) at 4km and 8km. There is one short and very easy trail (Bunny) suitable for beginners. The rest are more challenging with rolling hills. It is well worth taking a packed lunch with you to make the most of it. Visit the website www.skithefrost.ca for maps, conditions and newsletter.-- Margaret Brogden



Be a skier!



Web stuff:

<http://www.skihaliburton.com> For club and trail info
<https://www.zone4.ca/regexpire.asp?id=699> our on-line registration page and your best deal!

<http://www.facebook.com/group.php?gid=7057981836> a

facebook group—'cuz we all need more friends to ski with...

<http://www.cccski.com> Visit the Cross Country Canada Website

<http://www.xco.org> Cross Country Ontario

Midweek Ski Outings.

Our regular outings are on Tuesdays. **This winter we will start on January 5th.** Remember to check on the prior Sunday which location seems to be the best choice, taking into account the snow conditions and where we have skied in recent weeks.

Call Peter or Margaret Brogden at 754-2351 to join the phone list. Don't forget to pick up a map at the Registration Meeting at the Clubhouse or from Lakeview Motel at other times. The map will show you how to get to all of the six trail networks. Other trips, to perhaps Arrowhead Park or the Leaf Lake trails in Algonquin Park, can be planned among groups on the Tuesday outings.

--Peter and Margaret Brogden

Youth equipment rental programme for 2009/10.

The Ski Club children's rental program has expanded significantly from our first 6 pairs to nearly 40. Even though there is a broad selection of ski/pole lengths and boot sizes, last year was a scramble to fit all the children who needed equipment. Some sizes run out quickly.

To make the job easier for all, it is strongly encouraged that you do not leave it to the last minute to arrange ski equipment. You are welcome to pick up equipment as early as November - your child can ski all winter long on the rental skis, not just Jackrabbit days, and you will have the best equipment and fit. Phone ahead and have your child's height and boot size handy. Use the on-line registration system to book, as preference will be given to club members.

Rental is \$50 for the entire winter, payable to the Haliburton Highlands Cross Country Ski Club (HHX-CSC.)

A very good time to get your child fitted with skis would be at the Annual Fall Meeting December 5th, 2009 at the Glebe Park Clubhouse.

Ski return after the last snow - call Jane or drop off at 1183 Lorne Lane (off Birch Narrows Road.) 4-wheel



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Membership Report

For those who are able to download a registration form from the computer and will not require one mailed to them, kindly let Joleen know at joleenthomas@hotmail.com or by calling 489-4850. If you have a friend who would like to receive a newsletter and registration form, please let her know and she will be happy to send them one.

Your membership gets you:

- Unlimited skiing on the Haliburton system
- Unlimited skiing at Moosewoods
- Unlimited skiing at the Frost Centre
- Unlimited skiing at Twin Lakes
- Unlimited skiing at Wanakita
- Lit skiing at Glebe 'til 9p.m.
- Liability insurance
- Access to club programmes and facilities
- A great 10% discount at Haliburton Home Hardware



Please send your membership promptly as there is a small penalty for late renewal.

As Always...

We're still the best skiing for the dollar in the free world. No one pays less or gets more for their membership. Remember: **all members 18 and over must sign the waiver**, even if it's a family membership.

Please note this on the form! Use the on-line registration to save money. <https://www.zone4.ca/register.asp?id=699&lan=1&cartlevel=1>

Club Ski Team

Look for Jackrabbit graduates on the HHSS ski team coached by Bruce Griffith and Sharon Dibblee. The high school skiers will be attending a few races through the season with a goal of reaching the OFSAA championships. Also, our junior skiers will be competing provincially this year.

Look for Haliburton Ski Club Master racers at events all over the province and, indeed, in the US and Europe. Contact Blake at 457-5177 if you want to set up training partners and plans—or why not try to set something up via the **Facebook** group?



Be a skier!



Youth Programs

Youth Programs - Winter 2009/10

We will be offering Cross Country Canada's Skill Development Program for children from ages 4 to 12 years old. The *Bunnyrabbit Program* is the "Active Start" stage for children five and under. The *Jackrabbit Program* for 6-9 year olds, is the second level of athlete development, the "FUNdamentals" stage.

The third program is The *Track Attack Program*, for 10-12 year olds. It is the "Learning to Train" stage of athlete development.

There are award booklets and stickers for the Jackrabbit and Bunnyrabbit programs that provide incentives to improve technique, endurance and speed. The Track Attack Program has an Attack Log and 15 Incentive Cards which represent targets in the Log Book. The most important goal is to learn that winter and snow provide a great opportunity for outdoor enjoyment and adventure.

Jan. 2, 9, 16, 23, 30, Feb. 6, 13 [note: no Jackrabbit Feb. 20th]

Feb. 27 & 28 O Cup Race in Haliburton

Mar. 6 & 7 Ontario Midget Championships in Duntroon (For the younger ones it will be Ski frolics at Moosewoods on Mar. 6)

Register on-line (best option), by mail by completing the reverse side of the membership form, in person at the Nov.--- meeting, or come early to the first class. If you need to rent equipment, call 457-1465 for pickup at the Nov. meeting. Rental packages are \$50.

--Jane Heyes, Coordinator

HALIBURTON SKI CLUB LESSONS- 2009 SEASON

Please contact Joleen Thomas at (705) 489-4850 or joleenthomas@hotmail.com to book a lesson or for any other questions. I will be arranging private or group lessons as requested. My fingers are crossed for great temperatures and lots of snow! I look forward to seeing you out there ☺ Joleen

* I will have clinics and lessons available during the holidays, on weekends and during the week.

New Grooming Equipment

After years of making do with snowmobiles that broke down frequently and trail grooming devices created by volunteers, the board Haliburton Nordic Trails decided earlier this year to make a major investment in new grooming equipment. This winter, skiers will enjoy better skating surfaces and improved track-setting thanks to two Yamaha Viking Pro four-stroke snowmobiles purchased from Haliburton Outdoor Equipment and two 84-inch Ginzu groomers from Yellowstone Track Systems in Montana. The equipment will allow our paid and volunteer groomers to resurface trails more efficiently, and it's hoped, more frequently.



The decision to spend more than \$40,000 on equipment was not taken lightly. It represents a substantial risk for Nordic Trails, which depends on your membership fees and daily trail pass revenues to fund grooming and trail improvements. It's hoped that the Ontario Trillium Foundation will look favourably on our request for their maximum grant of \$15,000. The TD Canada Trust Bank in Minden has agreed to loan funds for the purchase. But the board also is hoping ski club members will assist the project with personal donations. To date, four members



Be a skier! 

have committed a total of \$6,000 toward the new equipment. We're hoping others will be able to help as well. If you are able to make a donation toward the equipment purchase, it would be greatly appreciated. Dysart council has agreed that donations of \$100 or more will be given a tax receipt.



Donations of less than \$100 can be easily added to your checkout cart when you do your on-line registration. Please be generous. For many years we have enjoyed the best skiing at the lowest rates anywhere. Now is the time to reach into your pocket to help secure the future of the club and skiing in Haliburton. Every dollar donated goes directly to these pieces of equipment.

More substantial donations will be acknowledged with a sign on the trails.

To get a tax receipt please donations of \$100 or greater to:

The Municipality of Dysart et al.

P.O. Box 389

Haliburton, ON

K0M 1S0

(Please mark it "Nordic Trails Groomer Fund")

For further information on this project, please

contact Len Pizzey at 457-1363 or

lpizzey@halhinet.on.ca