



Haliburton Highlands Cross Country Ski Club

2011-2012 Newsletter

First Club Meeting

Saturday, December 3th, 2012

10 a.m. to 12 p.m.

Glebe Park Clubhouse

Renew Memberships!

Drop off your cheque, pick up your stickers

Photo ID for new members

Ski swap

Jackrabbit Registration

Trail walk with clippers & tools

Ski if there is snow! (and there usually is)

Help and advice for new members



Haliburton Ski Club

Ski Club Chairman's Report for November, 2011

Well, let's see now... most weather forecasters are predicting a good winter for skiers due to a mild "La Nina" effect in Pacific Ocean currents. Don't worry about the technical stuff, just wax your skis.

Many Trail changes!

There are some major trail changes this year, and they will have an effect on how you ski our trails. The trails at Glebe Park, Twin Lakes and the resort area have been significantly improved thanks to volunteers who helped guide machine operators to smooth the trail surface. At Moosewoods Kit and Len Pizzey coordinated volunteers to create a 1km loop for kids and others who want a short loop option.

Finally, and perhaps most importantly the Ski Friends of the Frost Centre turned over their operations to the township of Algonquin Highlands. This means that the cooperative agreement between the Ski Friends and Haliburton Nordic Trails has ended. You will have to buy separate passes if you wish to ski at the Frost Centre this season. This is regrettable but not our choice.

Paintball biathlon

It was a big hit last year, and has contributed to an increased demand for our youth programmes Why? In recent tests kids said they "loved it more than sugary breakfast cereal." Check the link:

<http://www.youtube.com/watch?v=CZLY5v6vwhI>

We really need volunteers to make this a success.

bpaton@sympatico.ca

(cont'd)



2011/12 Committee

Chairman	Blake Paton	457-5177
Vice Chairman	Bob Heyes	457-1465
Past President	Peter Brogden	754-2351
Memberships	Joleen Thomas	489-4850
Treasurer	Glen Carter	457-2862
Jackrabbit	Jane Heyes	457-1465

Club Events '11—'12

Dec. 1st Lit loop at Glebe opens until 9:00pm (nightly until late March)

Dec. 31st New Year's Eve Ski—Lights on until 11:00 pm

Jan. 1st Club Chairman's New Year's Levée, Moosewoods Cabin 10:00am-1:00pm

Jan 7th Jackrabbit lessons begin 1:30pm, Glebe Park

February 26th Youth Ski Tournament (including paintball biathlon)

Apr. 14th Annual meeting and Glebe Park site cleanup 10am, Glebe clubhouse



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(Report from the chairman continued.)

Snowshoe loop and membership

In the past there have been attempts to include snowshoe trails in our systems. This has not gone well since snowshoers tended to find their way onto the ski trails and use those instead of their own designated trails. This was frustrating for the skiers who pay for excellent grooming, since the snowshoes ruined much grooming work. This year we will have a dedicated snowshoe loop available for members that uses much of the old Lakeview trail that begins at the Lakeview motel. There will be a day-use fee, but your season's pass will allow you to use them. Snowshoe



rentals will also be available.

Registration Changes

This year we continue our on-line registration system, and it will be the cheapest way for you to register. It also helps reduce the time our club secretary has to volunteer. There are 2 discounts available, one for registering on-time, and one for using the on-line registrations. If you send in a paper registration it will cost you \$5 extra. Like last year, you can save money by renewing before Dec 15th--\$100 for individuals and \$175 for families (exclusive of transaction fees). Renew today!

<https://zone4.ca/register.asp?id=2367> our on-line registration page and your best deal!

A proud tradition

No one who wants to ski in Haliburton has ever been denied the privilege. The club has always arranged for volunteer work and loaner equipment for anyone who wishes to ski but can't afford the price of a membership--because no one should go through life without skiing.

Please renew on time

The insurance fee that our club pays on behalf of each member (\$10.50 per member) goes to



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Cross Country Canada. The rest of the money goes directly into the maintenance of our non-profit, excellent ski system.

Members of Cross Country Canada

All club members are also members of Cross Country Canada. We try to take advantage of as many of their excellent programs as we can. Through our activities we support the development of the sport

and Olympic success. Olympic success means better access to government and private funding of the sport and its programs. Perhaps the biggest change in the past 10 years is our closer association with Cross Country Ontario and Cross Country Canada.



A Complete Club

You have a role to play, too. Get involved, offer to co-ordinate a ski outing, officiate at a race or be an instructor. Our club and our district will help pay for the courses that you need to get trained as an instructor, youth leader or an official. Please consider a volunteer role in your ski club. --Blake



Paton, Club Chairman

Send Us Your E-mail!

We'd like to save paper and postage, so send us your e-mail address (to bpaton@sympatico.ca) so that we can add it to our list. Check the web site for updates, too.

<http://skihaliburton.com>

If you need a printed copy mailed to you, please let Joleen know: membership@skihaliburton.com





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Master's Skiing

Anyone who is thirty or more years of age is eligible to take part in Masters Skiing events. Anyone can take part--there are no qualification requirements. It provides a great opportunity to combine travel and recreation, with the opportunity to explore new trails. Last year six of our club members took part in the Masters World Cup which was held at Sovereign Lake, Vernon, British Columbia. Canada had close to 500 participants in the event and were joined by more than 1,000 skiers from the rest of the world. It was a most enjoyable event, with Canadians on the podium many times including Haliburton's Risto Santala who earned a bronze medal as part of the Canadian team in the age class relays. This year the MWC is being held in Oberweisenthal, Germany, March 1-9, 2012. So far Kit and Len Pizzey and Risto are planning to attend and others are welcome to join us. A great way to start masters skiing is to take part in local events. Races are in either classic or free technique and you compete in 5-year age categories. The Ontario Championships this season are Feb. 3- Feb. 5, hosted by the Bruce Ski Club on the Sawmills Trails at Hepworth. These races are extremely social affairs and a great way to meet other skiers in the area. There are wonderful skiing opportunities in Canada's west and this year's Canadian Championships will be at the Golden Nordic Ski Club in Golden, British Columbia, March 11-17. For further information contact Kit or Len Pizzey (kitpizzey@halhinet.on.ca or 457-1363)

Trail Updates

Moosewoods

In addition to the new short loop (we are open to suggestions for a colour or name) work is ongoing to prepare the trails for snow. Wolf has made some more improvements to areas that needed drainage attention and he has put gravel in a few more rough areas. The wood supply at the warmup hut has been replenished and some major brushing work has been done with more to come. Additional drainage work and sign posting are scheduled for after deer season. Kit and Len Pizzey will again be looking for volunteers to help with hosting on weekends. This only requires a few hours and can be combined with a ski. Having a fire going in the warm-up hut and someone who can answer questions about the trails is something that our skiing visitors really appreciate.

Kit will be contacting those who have helped in the past but we really need some more assistance with this, so if you can help out, please contact her at kitpizzey@halhinet.on.ca or 457-1363.

Glebe Park

All the Glebe Trails, including the extension have been mowed and are ready for skiing. The extension was bulldozed during the summer and is flatter and a bit wide than last year. Some of the difficult corners have also been straightened. Several fallen trees will be cleared mid to late November after a few more fall down. There are a few rocks on the West Loop and the top of the 5 km loop yet to be moved if anyone is looking for a way to help improve the trails.

Twin Lakes

Thanks to Joleen Thomas, Stuart Humphries, Rod Sargent and Kevin Cooke for stepping up to improve this system. In fact, there will be a new ginzu groomer being used there this season as a result of their efforts and a grant from HCDC.

Frost Centre Ski Trails.

Regrettably the Ski Friends of the Frost Centre turned over their operations to the township of Algonquin Highlands. This means that the cooperative agreement between the Ski Friends and Haliburton Nordic Trails has ended. **You will have to buy separate passes if you wish to ski at the Frost Centre this season.** This is regrettable but not our choice. Perhaps an agreement can be worked out with Algonquin Highlands in the future, but you will have to buy separate day passes for this season since the township is just getting up to speed on the requirements of running that system.

Midweek Ski Outings.

Our regular outings are on Tuesdays. **This winter we will start on January 3rd.** Remember to check on the prior Sunday which location seems to be the best choice, taking into account the snow conditions and where we have skied in recent weeks.

Call Peter or Margaret Brogden at 754-2351 to join the phone list. Don't forget to pick up a map at the Registration Meeting at the Clubhouse or from Lakeview Motel at other times. The map will show you how to get to all of the trail networks. Other trips, to perhaps Arrowhead Park or the Leaf Lake trails in Algonquin Park, can be planned among groups on the Tuesday outings.



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Trail Masters! These two pictures show some of the crew who were out on Sept. 21st with a small excavator rented from CRS. Marty Scheller, Ed Cyr and Dave Bathe worked for an 11 hour day (the excavator is rented for 24 hours!) to improve drainage on the "Round the Mountain Trail", part of the new trails beyond Glebe Park. On the same day another crew grass-seeded the "Summit Loop" and few days later another crew completed grass-seeding on the Round the Mountain Trail. So I am very happy to report that all the seeding for this fall was done before the leaves came down! Now we just have to watch it grow.



Within the established trails of Glebe Park there have been a number of smaller drainage improvement jobs done and being done. With the pics I have of these activities, I thought a demonstration of the sizes of rocks that can be moved could be shown.

Conventional wisdom says that a rock the size of you head can be moved by one person. So, will a rock that can just be moved by 3 "white hairs" (aka mid-week skiers) contain more grey matter than the heads of the movers? Ed Cyr shows that it can be done more easily with something bigger!



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Youth equipment rental programme for 2011/12.

Youth equipment rental programme for 2011/12
The Ski Club children's rental program has expanded significantly from our first 6 pairs to nearly 40. Even though there is a broad selection of ski/pole lengths and boot sizes, last year was a scramble to fit all the children who needed equipment. Some sizes run out quickly. To make the job easier for all, it is strongly encouraged that you do not leave it to the last minute to arrange ski equipment.

You are welcome to pick up equipment as early as November – your child can ski all winter long on the rental skis, not just Jackrabbit days, and you will have the best equipment and fit. Phone ahead and have your child's height and boot size handy.

Rental is \$50 for the entire winter, payable to the Haliburton Highlands Cross Country Ski Club (HHCC Ski Club). Ski return after the last snow – call Jane or drop off at 1183 Lorne Lane (off Birch Narrows Road.) 4-wheel drive recommended if still snow on the ground. The skis are sorted, repaired if necessary, cleaned and waxed for storage over the summer. The youth rental coordinator is Jane Heyes at 457-1465 heyes@sympatico.ca





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Membership Report

For those who are able to download a registration form from the computer and will not require one mailed to them, kindly let Joleen know about it: membership@skihaliburton.com Have a friend who would like to receive a newsletter and registration form? Please let her know and she will be happy to send them one.

Your membership gets you:

- Unlimited skiing on the Haliburton system
- Unlimited skiing at Moosewoods
- Unlimited skiing at Twin Lakes
- Unlimited skiing at Wanakita
- Lit skiing at Glebe 'til 9p.m.
- Liability insurance
- Access to club programmes and facilities
- A great 10% discount at Haliburton Home Hardware

Please send your membership promptly as there is a great discount for registering on time.

As Always...

We're still the best skiing for the dollar in the free world. No one pays less or gets more for their membership. Remember: **all members 18 and over must sign the waiver**, even if

it's a family membership. **Please note this on the form! Use the on-line registration to save money.** <https://zone4.ca/register.asp?id=2367>

Club Ski Team

Look for Jackrabbit graduates on the HHSS ski team. The high school skiers will be attending a few races through the season with a goal of reaching the OFSAA championships. Also, our junior skiers will be competing provincially this year.

Look for Haliburton Ski Club Master racers at events all over the province and, indeed, in the US and Europe. Contact Blake at 457-5177 if you want to set up training partners and plans—or why not try to set something up via the **Facebook** group?



Youth Programs

Youth Programs - Winter 2011/12

We will be offering Cross Country Canada's Skill Development Program for children from ages 4 to 12 years old. The *Bunnyrabbit Program* is the "Active Start" stage for children five and under. The *Jackrabbit Program* for 6-9 year olds, is the second level of athlete development, the "FUNdamentals" stage.

The third program is The *Track Attack Program*, for 10-12 year olds. It is the "Learning to Train" stage of athlete development.

There are award booklets and stickers for the Jackrabbit and Bunnyrabbit programs that provide incentives to improve technique, endurance and speed. The Track Attack Program has an Attack Log and 15 Incentive Cards which represent targets in the Log Book. The most important goal is to learn that winter and snow provide a great opportunity for outdoor enjoyment and adventure.

Paintball biathlon sessions will precede Jackrabbit sessions. We will meet at noon on Saturdays to practice technique and shoot at our targets. **(Note we only shoot at the targets, never at people). Adults and kids welcome.**

Jackrabbit sessions:

Jan 7, 14, 21, 28, Feb. 4, 11 [note: no Jackrabbit

Feb. 19th] **Ski tournament and wrap up is on Feb 25th**

Register on-line (best option), by mail by completing the reverse side of the membership form, in person at the Dec 3rd meeting, or come early to the first class. If you need to rent equipment, call 457-1465 for pickup Rental packages are \$50.

--Jane Heyes, Coordinator

HALIBURTON SKI CLUB LESSONS- 2011 SEASON

Please contact Joleen Thomas at (705) 489-4850 or joleenthomas@hotmail.com to book a lesson or for any other questions. I will be arranging private or group lessons as requested. My fingers are crossed for great temperatures and lots of snow! I look forward to seeing you out there ☺ Joleen* I will have lessons available by reservation for groups or individuals.



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New Grooming Equipment

After years of making do with snowmobiles that broke down frequently and trail grooming devices created by volunteers, the board Haliburton Nordic Trails decided two years ago to make a major investment in new grooming equipment. Skiers enjoyed better skating surfaces and improved track-setting thanks to two Yamaha Viking Pro four-stroke snowmobiles purchased from Haliburton Outdoor Equipment and two 84-inch Ginzu groomers from Yellowstone Track Systems in Montana. The equipment allows our paid and volunteer groomers to resurface trails more efficiently and more frequently.



The decision to spend more than \$40,000 on equipment was not taken lightly. The Ontario Trillium Foundation granted us \$15,000. The TD Canada Trust Bank in Minden agreed to loan funds for the purchase. Many individuals contributed generously—some gave more than \$1000 to the fund. Thank you to all who contributed. **It is with great pleasure that we announce that all equipment purchases have now been paid off!** But the board also is hoping ski club members will continue to assist with personal donations. We have left the groomer fund donation on the registration page so that

we save for future equipment needs. If you are able to make a donation toward the equipment purchase, it would be greatly appreciated. Dysart council has agreed that donations of \$100 or more will be given a tax receipt.



Donations of less than \$100 can be easily added to your checkout cart when you do your on-line registration. Please be generous. For many years we have enjoyed the best skiing at the lowest rates anywhere. Every dollar donated goes directly to these pieces of equipment. In addition to our recent purchases, members will benefit from a new roller at Moosewoods and a Ginzu at Twin Lakes for the 2011/2012 season.

To get a tax receipt please donations of \$100 or greater to:
The Municipality of Dysart et al.
P.O. Box 389
Haliburton, ON
K0M 1S0
(Please mark it "Nordic Trails Groomer Fund")
For further information on this project, please contact Len Pizzey at 457-1363 or lpizzey@halhinet.on.ca



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